



Level Two Important Concepts

- There is a natural cycle of how things in the world evolve and manifest.
- When we follow the 5 main cycles of Connection & Alignment, Depth & Imagination, Options & Impacts, Fulfillment, and Appreciation & Learning, we have more grace, power, and success as leaders.
- Responsible leadership requires recognition of downward spirals and what to do to shift it upwards.
- Become friends with time—find your own cadence.
- Know you are not your past result; you have choice to restore yourself in this moment.
- Convert complaints into committed actions.
- Align from a future.
- Say what you mean and mean what you say.
- Our power as a leader has everything to do with how generous we are with ourselves.

Create goals. Live possibility. Be happy.